



Projekt "SAFE project 2 - sexual safety standards in youth work", realizowany przez Stowarzyszenie Tkalnia z siedzibą w Łodzi przy ul. Jana 8a, 91-350, Polska, w ramach programu Erasmus+

(Project "SAFE project 2 - sexual safety standards in youth work", conducted by Association Weaving Mill (Tkalnia) based in Łódź, Jana Street 8a, 91-350, Polska) financed by Erasmus+

**We are looking for participants for the following exciting Key Action 1: Training Course:**

## **"SAFE project 2 - sexual safety standards in youth work" (SAFE 2)**

**Venue: Bystrzyckie Mountains, southern Poland (<http://www.wataszka.com/>)**

A five day training will be held in Poland from 21st to 27th of October 2018.

(Travel days 21st and 27th of October 2018)

(funding approved) under the **Erasmus+ youth programme**

**A Training Course for trainers, youth workers and peer leaders (especially working with youth with fewer opportunities). It is about creating sexual safety standards for youthwork!**

**Watch a short film from the last edition of the training: <http://tkalnia.org/safe/>**



### **Description of the training**

"SAFE project 2 - sexual safety standards in youth work" (SAFE2) is a continuation of activities devoted to issues of ensuring sexual safety in the context of youth work. Combining comprehensive sexual education, Wen-Do and anti-discrimination



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workshops and international experience on this issue, we want to create and promote a document that specifies the standards of sexual security in youth work.

The SAFE 2 project aims to provide young people with sexual safety during training, exchanges, and youth meetings in the context of knowledge, attitudes, awareness of existing stereotypes and discrimination.

During this training, we will work on:

- sex education standards and the way they are integrated into the professional practice of the participants.
- developing effective methods of combating discrimination.
- assertiveness and self-defense techniques developed as part of the Wen-Do methodology and how it can be integrated into the professional practice of the participants.
- creation of SAFE standards for each youth initiative and promotion of standards in the European countries.
- creating local and international projects with the participation of young people in the field sexual security.
- increasing knowledge about the possibilities of financing the Erasmus + Youth program.

The countries involved are Poland, Ireland, Nederland, Turkey, Russia, Spain, Greece and Lithuania. Number of participants and people involved: 26 (24 participants, 2 trainers).

## Methods

Non-formal interactive methods include workshops on:

- **Comprehensive sexual education**
- **Wen-Do techniques**
- **Anti-discrimination**
- **Drama exercises**
- **Warm-up, trust building, name learning**
- **Discussion, sharing, exchange of experience, movement & reflection.**

**The objectives of this course are:**



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1. to learn more about the issues and challenges of sexual education in Europe
2. to explore new approaches in empowerment
3. to search for new way to eliminate discrimination through youth work
4. to develop new educational projects focused on youth sexual safety
5. to work on organizing local, national and international activities that address sexual safety standards
6. to share this learning upon return to home countries
7. to explore the Erasmus+ programme in greater detail.
8. to provide a space for partnership building for future Erasmus+ projects.

### Trainers

**Kinga Karp** – I'm an anti-discrimination trainer, WenDo trainer, psychologist and sexual educator associated with many social initiatives and non-governmental organizations active in the field of anti-discrimination and violence. Since 2005 I have been conducting workshops and trainings, recently mainly related to issues of discrimination and violence on grounds of sex and sexuality. At the beginning of 2016, I joined a group of people conducting workshops on self-defense and assertiveness for women and girls by the method WenDo - one of the most empowerment methods of counteracting violence that I know. I am a member of the board of the Anti-Discrimination Education Society. For several years I have been co-creating and implement international projects in the field of sharing good practices in counteracting homophobia. Together with the Foundation of Modern Education SPUNK I implement the Pregnancy and Sexually Transmitted Diseases Prevention Program in Łódź among Teenagers. We run a comprehensive and reliable sex education in junior high schools and educational institutions in Lodz.

**Weronika Jóźwiak** - holds a master's in Cultural Anthropology, former educational specialist at Pinokio Theater in Łódź, anti-discrimination trainer, co-founder of Weaving Mill Association, polish NGO that supports anti-discrimination and civil education, creator of educational tools such as board games dedicated to financial and global education and book on gender roles. Sexual education trainer.

### Profile of participants

We are looking for participants who work with young people, especially facing discrimination and who can integrate the learning into their practice and are interested and willing to



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initiate Erasmus+ projects. We would like to welcome preferably people with experience in sexual education, anti-discrimination, empowerment activities, willing to integrate and disseminate sexual safety standards in their home countries.

- Ready to cooperate in an Erasmus+ Project
- Ready for follow-up activities after the training
- Willing and able to communicate in English
- Only apply if you are excited, interested and willing to work hard at the training. You will be challenged to take risks and go deep into issues.
- Training available for participants from Greece, Ireland, Lithuania, Netherlands, Poland, Russia, Spain, Turkey

### Travel

Travel if fully covered by organizers within these travel bands:

Country	Max travel amount
Greece	275 euro
Ireland	275 euro
Lithania	275 euro
Netherlands	275 euro
Poland	180 euro
Russia	275 euro
Spain	275 euro
Turkey	275 euro

Participants need to get to Wrocław before 6 PM on 21st of October and depart from Wrocław after noon on 27th of October. You can also fly to Warsaw or Prague and then travel to Wrocław by train.

Travel from Wrocław to the venue and back is organized by Tkalnia (it takes around two hours!).



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### Lodging and food

Lodging and food is fully covered by organizers. We will be staying in lovely but rather raw mountain shelter Wataszka (wataszka.com). Rooms will be shared (from 3 to 9 beds!). Each room has a bathroom with warm water but it is limited and needs to be saved (no long baths). Food will only be vegetarian and vegan and very tasty.

### Organizations

	Country	Name of the organisation	Contact person	e-mail
1	Greece	Creative YouthLand	Maria Sotiropoulou	creativyouthland@gmail.com
2	Ireland	Eolas Soileir	Deirdre Quinlan	dquinlan6@gmail.com
3	Lithuania	Tarptautinis bendradarbiavimo Lithuania centras	Mindaugas Kikutis	kikutis.m@gmail.com
4	Netherlands	International Labour Association	Mehmet Altunbas	mehmet@ilabour.eu
5	Poland	Stowarzyszenie Tkalnia	Weronika Józwiak	weronika.jozwiak@gmail.com
6	Russia	Center for Interethnic Cooperation	Maria Kopelyan	next-line@yandex.ru
7	Spain	FUNDACION GENERAL DE LA UNIVERSIDAD DE ALCALA	David Alejandro Pesado Díaz	david.pesado@fgua.es
8	Turkey	YINFO - Genclik Bilgi Merkezi Dernegi	Orhan TAŞDOĞAN	orhan@yinfo.org.tr



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**If you are interested in becoming a participant of this training please contact your country's organization and complete the application form asap or before the 1st of September 2018.**

**When deciding to come on this training please bear in mind these important points for all partners & participants:**

- Training will take place in a rural location there is no shop, pub or amenities close by - ul. Górna 20, 57-500 WÓJTOWICE, (+48) 609 188 145
- All participants will be accommodated in shared bedrooms (from 3 to 9 beds!).
- Food will be only vegetarian and vegan.
- We will send more info about travel refund later. Please keep all original travel receipts for refund (bus, train plane). Try to fly in before 6 pm on 21<sup>st</sup> and after noon on 27<sup>th</sup> of October.
- Please only attend if you are a motivated participant and MUST be willing to dive head-in and participate FULLY in the training.
- Where possible please ensure a gender balance when selecting participants.
- All participants must be 18 years of age or over.
- All participants must be able to communicate and work in English.
- Dogs are not welcome anymore ☹️ But there are dogs and other animals there so please make sure you will inform us about allergies and phobias.
- Travel insurance is your responsibility – we strongly recommend that you take some travel insurance as we cannot refund tickets if you cannot travel for any reason.
- Please ensure you have your E111 – European health insurance number which you get free from your own country.
- Please bring a plug adapter for Poland.



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- Please bring your own towel.
- October can be cold and rainy in Poland – bring waterproof clothes and walking shoes, it`s very beautiful there!